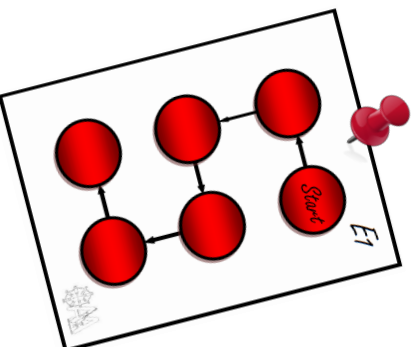


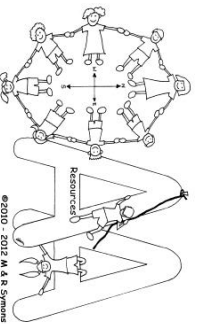
O.A.A - Orienteering

Follow My Route



Equipment/Resources

- ✓ Route Cards
- ✓ 1 blank route sheet per child
- ✓ 1 pencil per child
- ✓ Clipboards
- ✓ Sports/hoops
- ✓ Supporting Resources A25-A38



Activity

- Put children (each with clipboard, blank route sheet and pencil) into groups of 4/5.
- Place spots/hoops as on route card - colour is not important.
- One child from each group to be given a route card which they must keep from the rest of their group.
- Child with route card to tell the group the number on their card which they need to record on one of grids on their blank recording sheet.
- Child with route card to then go to 'start' as shown on the card and tell their group that it is the starting point (explain to children that they need to write an (S) in the correct place on their blank sheet) Child with route card to then follow the correct route on their card whilst the rest of the group record the route by drawing arrows to show the direction.
- Once complete, children can check their sheet with the route card and then a different person from the group returns the card and collects a new route card to complete.
- Could also have children record the direction travelled beside the arrow to make more difficult (i.e if travelled North write an N next to the arrow)